

FEBRUARY 2024

CHALK TALK

The Official Newsletter of
Sylvania Northview High School Volleyball



LOOK INTO THIS MONTH'S ISSUE:

- 2023 Calendar & Important Dates - 2**
- Pre-Season Athletes & Parents Meeting - 2**
- Summer Camps - 3**
- Other 2023 Summer Events - 4**
- Fundraisers - 4**
- Website Content - 5**
- Spirit Wear - 5**

2024 IS COMIN' IN HOT

by Chad Rutkowski, Head Coach

75 days until our Parents Meeting - April 15th at 7:00 P.M.
125 days until our first Open Gym - June 4th
183 days until Tryouts - August 1st

Sure, these all seem like they are eons away, however, we know that spring and summer are upon us and it will be Northview Volleyball season once again. There have been some big things happening already this year for the upcoming 2024 season and this newsletter intends to share those with you as we progress through the offseason so you feel that you are "in the loop" at all times. You can expect one of these per month throughout the year to keep you informed.

As coaches, we thoroughly enjoy these months to prepare for our upcoming season, to watch our athletes participate for the respective clubs throughout the country and continue to refine our coaching to be the best we can for our athletes.

2024 is going to be an amazing season as we welcome nearly 40 athletes to our program on three teams to represent NVVB! We look forward to sharing much more with you in the near future!

Go Cats! Point Northview!



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2024 IS COMIN' IN HOT

by Chad Rutkowski, Head Coach

62 days until our Parents Meeting - April 15th at 7:00 P.M.

112 days until our first Open Gym - June 4th

170 days until Tryouts - August 1st

Sure, these all seem like they are eons away, however, we know that spring and summer are upon us and it will be Northview Volleyball season once again. There have been some big things happening already this year for the upcoming 2024 season and this newsletter intends to share those with you as we progress through the offseason so you feel that you are "in the loop" at all times. You can expect one of these per month throughout the year to keep you informed.

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2024 CALENDAR AND IMPORTANT DATES

Online Calendar for Northview Volleyball – Summer dates and practices are set for the 2024 season with a few minor changes to be expected.

- Computers and Mobile Devices:
 - <https://calendar.google.com/calendar/ical/nvvolleyball%40sylvaniaschools.org/public/basic.ics>
 - You should subscribe to this calendar on your mobile devices immediately as we will start early morning workouts in January, 2024. These will start the week we return to school, with the first morning lifting happening on Tuesday, January 9, 2024.
 - Or to view online, click here - <https://northviewwildcats.org/main/teamCustomPage/id/121169/seasonId/4725010/contentId/55692599>
- Player and Parent Meeting – April 15, 2024 at 7:00pm in the Northview Cafeteria
- First Summer Practice/Open Gym for Freshman Only – Tuesday, June 3, 2024
- Incoming 9th Graders Summer Camps – Monday nights throughout June and July
 - More details to follow but will be either 7:30 P.M. to 9:30 P.M. or 5:30 P.M. to 7:30 P.M. and based on position/skill.
- Tryouts – One Day Only – August 1, 2024 from 5:00 P.M. to 6:30 P.M. (Session #1) and 7:30 P.M. to 9:00 P.M. (Session #2)
 - Athletes will be required to attend both sessions
- Spirit Wear Order Due – August 2, 2024
- More dates will be added to the calendar as we move towards the season and events are finalized.

For our new and returning athletes:

- Every Tuesday and Thursday from 6:00 A.M. to 7:00 A.M. Northview Volleyball will be having Optional Weight Lifting in the Fitness Center at Northview High School. These are optional, but highly recommended as strength training will provide us that additional edge in our skillset. Returning athletes should prioritize attending at least once per week, if not twice. For those that have weight lifting as part of their club volleyball experience, you should attend when applicable, but athletes should be weight training at least once per week, whether at Northview or at their club, or a combination of the two.

PRE-SEASON ATHLETES & PARENTS MEETING

We will officially kick off the 48th season of Northview Volleyball on Monday, April 15, 2024 at 7:00 P.M. in the Northview High School Cafeteria. This meeting will last about 45 to 60 minutes. Please feel free to share this information with anybody who might be interested in playing volleyball in 2024 at Northview.

A friendly reminder, if you are a new athlete to the program (either a transfer or incoming 9th grader), you will need to fill out the [Athlete and Parents Information sheet that can be accessed online by clicking here.](#)

All incoming freshman volleyball players from both Arbor Hills and McCord have been included on this E-mail, as well as our other 8th graders who have expressed interest in attending Sylvania Northview High School previously, but the link above will be your formal prospect information that we will communicate moving forward.

Northview Volleyball is built on the following core values: Skill Development, Commitment, Sacrifice, Responsibility, Accountability, Dedication and Perseverance



SUMMER CAMPS

We are excited to host an array of Volleyball Summer Camps at Northview for all athletes that range in age and experience through the Sylvania Rec. This year, we will have programs that are intended to attract the interest of young campers to introduce them to the game as well as programs that seek to focus on advanced, specific skill instruction for advanced and experienced players. In 2023, we hosted over 700 athletes in girls volleyball camps and we anticipate record numbers in 2024 as the popularity of volleyball continues to grow. Under the direction of Northview Head Coach, Chad Rutkowski, and his staff, each of our camps will focus on making better volleyball players in a fun, competitive environment. All sessions of Northview Volleyball Camps are open to any entrants, limited only by capacity and age/grade level. For 2024, we will have girls-specific camps (listed below) and separate boys volleyball camps.

We host these camps in addition to our now thirteen (13) permitted summer coaching days that we are allotted throughout the summer per the Ohio High School Athletic Association. Any changes to these summer camps will be communicated as they become available.

Registrations will be available online in April by [clicking here](#) and will be available for registration coming this spring. Please be on the lookout for information surrounding these various camp opportunities.

2024 SUMMER CAMPS



NORTHVIEW
VOLLEYBALL • EST. 1977

Asics Summer Site Camp
•for those not attending Team Camp•
Grades 9th - 12th
July 22nd - July 24th
9:00 A.M. to 2:15 P.M.
Cost \$210.00

4th - 9th Grades
Positional Camps
Limit 60 campers per session
\$20.00 per date
7:30 P.M. to 9:30 P.M.
Monday, June 17th - Serving Camp #1
Monday, June 24th - Passing Camp
Monday, July 1st - Attacking Camp
5:30 P.M. - 7:30 P.M.
Monday, July 15th - Serving Camp #2
Monday, July 22nd - Defense Camp
Monday, July 29th - Setting Camp

4th - 8th Grades
Sylvania Recreation Summer Camp
June 10th - June 13th
8:30 A.M. to 10:30 A.M.
\$60.00

Asics Summer Site Camp
Grades 6th - 8th
July 22nd - July 24th
2:45 P.M. - 4:45 P.M.
Cost \$105.00

K - 3rd Grades
Sylvania Recreation Summer Camp
June 10th - June 13th
11:00 A.M. to 12:30 P.M.
\$45.00

7th - 9th Grades
Tune Up for Tryouts
Wednesday, July 31st - All Skills
5:30 P.M. to 7:30 P.M.
\$20.00




FOR INQUIRES AND MORE INFORMATION, GO TO NORTHVIEWWILDCATS.ORG

ALL SESSIONS OF NORTHVIEW VOLLEYBALL SPORTS CAMPS ARE OPEN TO ANY AND ALL GIRL ENTRANTS, GIRLS ONLY FOR THESE CAMPS | LIMITED ONLY BY NUMBER, AGE/GRADE LEVEL. GRADES AS OF FALL 2024.



OTHER SUMMER 2024 EVENTS

NVVB has traditionally participated in a number of event throughout the summer months (June and July) and the 2024 season is no exception to that. In addition to our hosted Summer Camps list above, we will be participating in three (3) key summer events:

- Asics Summer Slam Tournament – July 12th and 13th – Times TBD at Premier Academy. This will be for all three teams.
- Varsity Team Camp - July 19th, 20th, and 21st - Location TBD. This will be by invite only, but all returning Varsity players will be invited.
- Super 20 Tournament - July 25th, 26th and 27th - Times TBD at Owens Community College. This will be for all three teams.

More information will be provided on both of these events as we get closer, but these are key events that will take place this upcoming July.

FUNDRAISERS

Each year, Northview Volleyball hosts a multitude of fundraisers to help raise additional support for our program to pay for summer leagues, tournaments, purchase equipment, improve technology and the on-going needs of our program as we continue to grow and invest in our athletes. All of these fundraisers need you and your networks to be successful and we appreciate your support and promotion of these events to make them successful. In addition, these are all on our Northview Volleyball calendar and will be posted on social media a couple times leading up to that specific event:

- Summer Camps with the Sylvania Rec (previously mentioned)
- Chipotle Dinner Fundraiser - Wednesday, June 12th from 5:00 P.M. to 8:00 P.M.
 - Eat at Chipotle on Talmadge and 33% of your order comes back to Northview Volleyball.
- Charlie's Ice Cream Fundraiser
 - JV - Sunday, August 4th from 3:00 P.M. to 6:00 P.M. | Freshman - Sunday, August 11th from 3:00 P.M. to 6:00 P.M. | Varsity - Sunday, August 18th from 3:00 P.M. to 6:00 P.M.
 - Eat at Charlie's in Sylvania and a portion of all funds come back to NVVB
- Paddy Jack's Fundraiser - Monday, September 9th from 4:00 P.M. to 10:00 P.M.
 - Eat at Paddy Jack's (owned and operated by a NVVB Family) and 20% of all food sales, both dine-in and carry-out, will come back to support Northview Volleyball.
 - Thank to the Varwig family for making this annual event possible.



Follow us on all social media platforms with username @nvhsball



WEBSITE CONTENT

For the past couple of years, we have worked tremendously hard to maximize our resources and conserve the amount of waste that we have within our program. With that, we have digitized most of our materials and will share almost everything digitally with very little being sent in print form. This is always a chance for us to create some creative and innovative content which is exciting for the program. Please visit our website (www.northviewwildcats.org) and click on Team Files to access computer and mobile device backgrounds, daily checklist for athletes, links for match schedules only that you can share with family members.

We appreciate the support of going digital with most of our materials and hope that you will find them helpful and user friendly.

Follow us on social media

Facebook | Sylvania Northview High School Volleyball @NVHSVBALL

Twitter | @NVHSVBALL

Instagram | @NVHSVBALL

Snapchat | @NVHSVBALL

TikTok | @NVHSVBALL

Northview Athletic Website - www.northviewwildcats.org

All Northview Volleyball resources can be found online. It is highly encouraged that you utilize the website as much as possible. All of our match results and pictures of our athletes can be found on our social media - please like, follow, share and be as active as you can with our social media posts! It is a wonderful way to get people engaged with our program.

SPIRIT WEAR

The 2024 Spirit Wear Order Form will be delivered via E-mail to each family by May 1, 2024 and this will be discussed at the meeting on April 15, 2024.

We ask that each parent reviews the content as soon as possible and sends back the Excel spreadsheet that will be shared for you to complete your order. As we will stress moving forward, we will only place orders for those on final rosters after August 1st Tryouts and all other orders will be deleted and not fulfilled. Order will be placed immediately after July 31st Tryouts and payment for these items will be due on August 1, 2023. This ensures that we have spirit wear within about 10 business days from ordering and that we will have all of our gear before the first match on August 17th.

More information on this will be presented at the meeting on April 15th.

If you have any questions regarding Northview Volleyball, call Chad Rutkowski, Head Coach at (419) 392-5669 or email nvvolleyball@sylvaniaschools.org.

NV
VB

Everything listed in this newsletter is subject to change as schedules are fluid and sometimes need adjustments. We will always communicate as things are modified and hopefully changes are few and far between.